

## Missed Opportunities: Evidence on Interventions for Addressing Youth Homelessness

### References meeting criteria for inclusion in the evidence review (n = 62)

- SHIP Final Report: Program Overview and Performance Narrative Minority AIDS Initiative Executive Summary*. (2013).
- Baer, J. S., Garrett, S. B., Beadnell, B., Wells, E. A., & Peterson, P. L. (2007). Brief motivational intervention with homeless adolescents: evaluating effects on substance use and service utilization. *Psychol Addict Behav*, 21(4), 582-586.
- Bartle-Haring, S., Slesnick, N., Collins, J., Erdem, G., & Buettner, C. (2012). The utility of mentoring homeless adolescents: a pilot study. *Am J Drug Alcohol Abuse*, 38(4), 350-358.
- Bender, K. A., DePrince, A., Begun, S., Hathaway, J., Haffejee, B., & Schau, N. (2016). Enhancing Risk Detection Among Homeless Youth: A Randomized Clinical Trial of a Promising Pilot Intervention. *J Interpers Violence*.
- Borland, J., Tseng, Y.-P., & Wilkins, R. (2013). Does Coordination of Welfare Services Delivery Make a Difference for Extremely Disadvantaged Jobseekers? Evidence from the 'YP4' Trial. *Economic Record*, 89(287), 469-489.
- Carmona, J., Slesnick, N., Guo, X., & Letcher, A. (2014). Reducing High Risk Behaviors among Street Living Youth: Outcomes of an Integrated Prevention Intervention. *Child Youth Serv Rev*, 43, 118-123.
- Cauce, A. M., Wagner, V., Sy, J., Weeden, K., Blanchard, T., Morgan, C. J., Moore, E., Wurzbacher, K., & Tomlin, S. (1994). Effectiveness of intensive case management for homeless adolescents: Results of a 3-month follow-up. *Journal of Emotional and Behavioral Disorders*, 2(4), 219-227.
- Clark, H. B., Crosland, K. A., Geller, D., Cripe, M., Kenney, T., Neff, B., & Dunlap, G. (2008). A Functional Approach to Reducing Runaway Behavior and Stabilizing Placements for Adolescents in Foster Care. *Research on Social Work Practice*, 18(5), 429-441.
- Davis, M., Sheidow, A. J., & McCart, M. R. (2015). Reducing recidivism and symptoms in emerging adults with serious mental health conditions and justice system involvement. *J Behav Health Serv Res*, 42(2), 172-190.
- Descilo, T., Greenwald, R., Schmitt, T. A., & Reslan, S. (2010). Traumatic Incident Reduction for Urban At-Risk Youth and Unaccompanied Minor Refugees: Two Open Trials. *Journal of Child & Adolescent Trauma*, 3(3), 181-191.
- Duncan, B., Harris, G., Reedy, J., Krahe, S., Gillis, R., & Laguna, M. (2008). Common/Unity: an innovative program to address 3 root causes of many of the social ills seen in adolescents. *Clin Pediatr (Phila)*, 47(3), 280-288.
- Ferguson, K., Xie, B., & Glynn, S. (2012). Adapting the Individual Placement and Support Model with Homeless Young Adults. *Child & Youth Care Forum*, 41(3), 277-294.
- Ferguson, K. M. (2012). Merging the fields of mental health and social enterprise: lessons from abroad and cumulative findings from research with homeless youths. *Community Ment Health J*, 48(4), 490-502.
- Ferguson, K. M. (2013). Using the Social Enterprise Intervention (SEI) and Individual Placement and Support (IPS) models to improve employment and clinical outcomes of homeless youth with mental illness. *Soc Work Ment Health*, 11(5).

- Ferguson, K. M. (2017). Nonvocational Outcomes From a Randomized Controlled Trial of Two Employment Interventions for Homeless Youth. *Research on Social Work Practice*, 1-16.
- Ferguson, K. M. (2018). Employment Outcomes From a Randomized Controlled Trials of Two Employment Interventions with Homeless Youth. *Journal of the Society for Social Work and Research*, 9(1).
- Ferguson, K. M., & Xie, B. (2008). Feasibility study of the social enterprise intervention with homeless youth. *Research on Social Work Practice*, 18(1), 5-19.
- Fors, S. W., & Jarvis, S. (1995). Evaluation of a peer-led drug abuse risk reduction project for runaway/homeless youths. *J Drug Educ*, 25(4), 321-333.
- Grabbe, L., Nguy, S., & Higgins, M. (2012). Spirituality Development for Homeless Youth: A Mindfulness Meditation Feasibility Pilot. *Journal of Child & Family Studies*, 21(6), 925-937.
- Grafsky, E. L., Letcher, A., Slesnick, N., & Serovich, J. M. (2011). Comparison of treatment response among GLB and non-GLB street-living youth. *Children & Youth Services Review*, 33(5), 569-574.
- Guo, X., & Slesnick, N. (2017). Reductions in Hard Drug Use Among Homeless Youth Receiving a Strength-Based Outreach Intervention: Comparing the Long-Term Effects of Shelter Linkage Versus Drop-in Center Linkage. *Subst Use Misuse*, 52(7), 905-915.
- Guo, X., Slesnick, N., & Feng, X. (2014). Reductions in depressive symptoms among substance-abusing runaway adolescents and their primary caretakers: a randomized clinical trial. *J Fam Psychol*, 28(1), 98-105.
- Guo, X., Slesnick, N., & Feng, X. (2016). Changes in Family Relationships among Substance Abusing Runaway Adolescents: A Comparison between Family and Individual Therapies. *J Marital Fam Ther*, 42(2), 299-312.
- Haber, M. G., Karpur, A., Deschenes, N., & Clark, H. B. (2008). Predicting improvement of transitioning young people in the partnerships for youth transition initiative: findings from a multisite demonstration. *J Behav Health Serv Res*, 35(4), 488-513.
- Harper, G. W., Tyler, D., Vance, G. J., & Dinicola, J. (2015). A Family Reunification Intervention for Runaway Youth and Their Parents/Guardians: The Home Free Program. *Child & Youth Services*, 36(2), 150-172.
- Hyun, M. S., Chung, H. I., & Lee, Y. J. (2005). The effect of cognitive-behavioral group therapy on the self-esteem, depression, and self-efficacy of runaway adolescents in a shelter in South Korea. *Applied nursing research : ANR*, 18(3), 160-166.
- Jacobs, E., Skemer, M., & Courtney, M. (2015). *Becoming Adults: One-Year Impact Findings from the Youth Villages Transitional Living Evaluation*. New York: MDRC.
- Jones, L. (2011). The impact of transitional housing on the post-discharge functioning of former foster youth. *Residential Treatment for Children & Youth*, 28(1), 17-38.
- Kisely, S. R., Parker, J. K., Campbell, L. A., Karabanow, J., Hughes, J. M., & Gahagan, J. (2008). Health impacts of supportive housing for homeless youth: a pilot study. *Public Health*, 122(10), 1089-1092.
- Kozloff, N., Adair, C. E., Palma Lazgare, L. I., Poremski, D., Cheung, A. H., Sandu, R., & Stergiopoulos, V. (2016). "Housing First" for Homeless Youth With Mental Illness. *Pediatrics*, 138(4).
- Krabbenborg, M. A. M., Boersma, S. N., van der Veld, W. M., van Hulst, B., Vollebergh, W. A. M., & Wolf, J. R. L. M. (2015). A cluster randomized controlled trial testing the effectiveness of houvast: A strengths-based intervention for homeless young adults. *Research on Social Work Practice*, 1-14.

- Kroner, M. J., & Mares, A. S. (2011). Living arrangements and level of care among clients discharged from a scattered-site housing-based independent living program. *Children and Youth Services Review, 33*(2), 405-415.
- Lim, S., Singh, T. P., & Gwynn, R. C. (2017). Impact of a supportive housing program on housing stability and sexually transmitted infections among New York City young adults aging out of foster care. *Am J Epidemiol.*
- MacKenzie, D. (2018). *Interim Report: The Geelong Project 2016-2017*. Melbourne, Australia: Swinburne University of Technology.
- MacKenzie, D., & Thielking, M. (2013). *The Geelong Project: A community of schools and youth services model for early intervention*. Melbourne, Australia: Swinburne Institute for Social Research.
- McCay, E., Carter, C., Aiello, A., Quesnel, S., Langley, J., Hwang, S., Beanlands, H., Cooper, L., Howes, C., Johansson, B., MacLaurin, B., Hughes, J., & Karabanow, J. (2015). Dialectical Behavior Therapy as a catalyst for change in street-involved youth: A mixed methods study. *Children & Youth Services Review, 58*, 187-199.
- McCay, E., Quesnel, S., Langley, J., Beanlands, H., Cooper, L., Blidner, R., Aiello, A., Mudachi, N., Howes, C., & Bach, K. (2011). A relationship-based intervention to improve social connectedness in street-involved youth: a pilot study. *J Child Adolesc Psychiatr Nurs, 24*(4), 208-215.
- Milburn, N. G., Iribarren, F. J., Rice, E., Lightfoot, M., Solorio, R., Rotheram-Borus, M. J., Desmond, K., Lee, A., Alexander, K., Maresca, K., Eastmen, K., Arnold, E. M., & Duan, N. (2012). A family intervention to reduce sexual risk behavior, substance use, and delinquency among newly homeless youth. *J Adolesc Health, 50*(4), 358-364.
- Nyamathi, A., Branson, C., Kennedy, B., Salem, B., Khalilifard, F., Marfisee, M., Getzoff, D., & Leake, B. (2012). Impact of nursing intervention on decreasing substances among homeless youth. *Am J Addict, 21*(6), 558-565.
- Nyamathi, A., Kennedy, B., Branson, C., Salem, B., Khalilifard, F., Marfisee, M., Getzoff, D., & Leake, B. (2013). Impact of nursing intervention on improving HIV, hepatitis knowledge and mental health among homeless young adults. *Community Ment Health J, 49*(2), 178-184.
- Peterson, P. L., Baer, J. S., Wells, E. A., Ginzler, J. A., & Garrett, S. B. (2006). Short-term effects of a brief motivational intervention to reduce alcohol and drug risk among homeless adolescents. *Psychol Addict Behav, 20*(3), 254-264.
- Pierce, S., Grady, B., & Holtzen, H. (2014). *Impact Evaluation and Roadmap to Youth Housing*. Dayton, OH: Daybreak Inc.
- Powell, C., Ellasante, I., Korchmaros, J. D., Haverly, K., & Stevens, S. (2016). iTEAM: Outcomes of an Affirming System of Care Serving LGBTQ Youth Experiencing Homelessness. *Families in Society: The Journal of Contemporary Social Services, 97*(3), 181-190.
- Rew, L., Powell, T., Brown, A., Becker, H., & Slesnick, N. (2016). An Intervention to Enhance Psychological Capital and Health Outcomes in Homeless Female Youths. *West J Nurs Res, 0*.
- Shein-Szydlo, J., Sukhodolsky, D. G., Kon, D. S., Tejada, M. M., Ramirez, E., & Ruchkin, V. (2016). A Randomized Controlled Study of Cognitive-Behavioral Therapy for Posttraumatic Stress in Street Children in Mexico City. *J Trauma Stress, 29*(5), 406-414.
- Skemer, M., & Jacobs, E. (2016). *Striving for Independence: Two-Year Impact Findings from the Youth Villages Transitional Living Evaluation*. New York: MDRC.

- Slesnick, N., Erdem, G., Bartle-Haring, S., & Brigham, G. S. (2013). Intervention with substance-abusing runaway adolescents and their families: results of a randomized clinical trial. *J Consult Clin Psychol, 81*(4), 600-614.
- Slesnick, N., Feng, X., Guo, X., Brakenhoff, B., Carmona, J., Murnan, A., Cash, S., & McRee, A. L. (2016). A Test of Outreach and Drop-in Linkage Versus Shelter Linkage for Connecting Homeless Youth to Services. *Prev Sci, 17*(4), 450-460.
- Slesnick, N., Guo, X., Brakenhoff, B., & Bantchevska, D. (2015). A comparison of three interventions for homeless youth evidencing substance use disorders: results of a randomized clinical trial. *J Subst Abuse Treat, 54*, 1-13.
- Slesnick, N., Guo, X., & Feng, X. (2013). Change in parent- and child-reported internalizing and externalizing behaviors among substance abusing runaways: the effects of family and individual treatments. *J Youth Adolesc, 42*(7), 980-993.
- Slesnick, N., & Kang, M. J. (2008). The impact of an integrated treatment on HIV risk behavior among homeless youth: a randomized controlled trial. *J Behav Med, 31*(1), 45-59.
- Slesnick, N., Kang, M. J., Bonomi, A. E., & Prestopnik, J. L. (2008). Six- and twelve-month outcomes among homeless youth accessing therapy and case management services through an urban drop-in center. *Health Serv Res, 43*(1), 211-229.
- Slesnick, N., & Prestopnik, J. L. (2009). Comparison of family therapy outcome with alcohol-abusing, runaway adolescents. *J Marital Fam Ther, 35*(3), 255-277.
- Slesnick, N., Prestopnik, J. L., Meyers, R. J., & Glassman, M. (2007). Treatment outcome for street-living, homeless youth. *Addict Behav, 32*(6), 1237-1251.
- Slesnick, N., Zhang, J., & Brakenhoff, B. (2017). Personal control and service connection as paths to improved mental health and exiting homelessness among severely marginalized homeless youth. *Children & Youth Services Review, 73*, 121-127.
- Theodos, B., Pergamit, M., Derian, A., Edelstein, S., & Stolte, A. (2016). *Solutions for Youth: An Evaluation of the Latin American Youth Center's Promotor Pathway Program*. Washington D.C.: Urban Institute.
- Thompson, R. G., Elliott, J. C., Hu, M.-C., Aivadyan, C., Aharonovich, E., & Hasin, D. S. (2017). Short-term effects of a brief intervention to reduce alcohol use and sexual risk among homeless young adults: results from a randomized controlled trial. *Addiction Research & Theory, 25*(1), 24-31.
- Trout, A. L., Tyler, P. M., Stewart, M. C., & Epstein, M. H. (2012). On the Way Home: Program description and preliminary findings. *Children and Youth Services Review, 34*(6), 1115-1120.
- Tucker, J. S., D'Amico, E. J., Ewing, B. A., Miles, J. N., & Pedersen, E. R. (2017). A group-based motivational interviewing brief intervention to reduce substance use and sexual risk behavior among homeless young adults. *J Subst Abuse Treat, 76*, 20-27.
- Upshur, C. C. (1985). *Independent living demonstration*. Boston, MA: The Bridge Inc.
- Upshur, C. C. (1986). *Residential independent living project evaluation. Second year follow-up report*. Boston, MA: The Bridge Inc.
- Winland, D., Gaetz, S., & Patton, T. (2011). *Family matters: Homeless youth & Eva's initiative's family reconnect program*. Toronto: Canadian Homelessness Research Network.